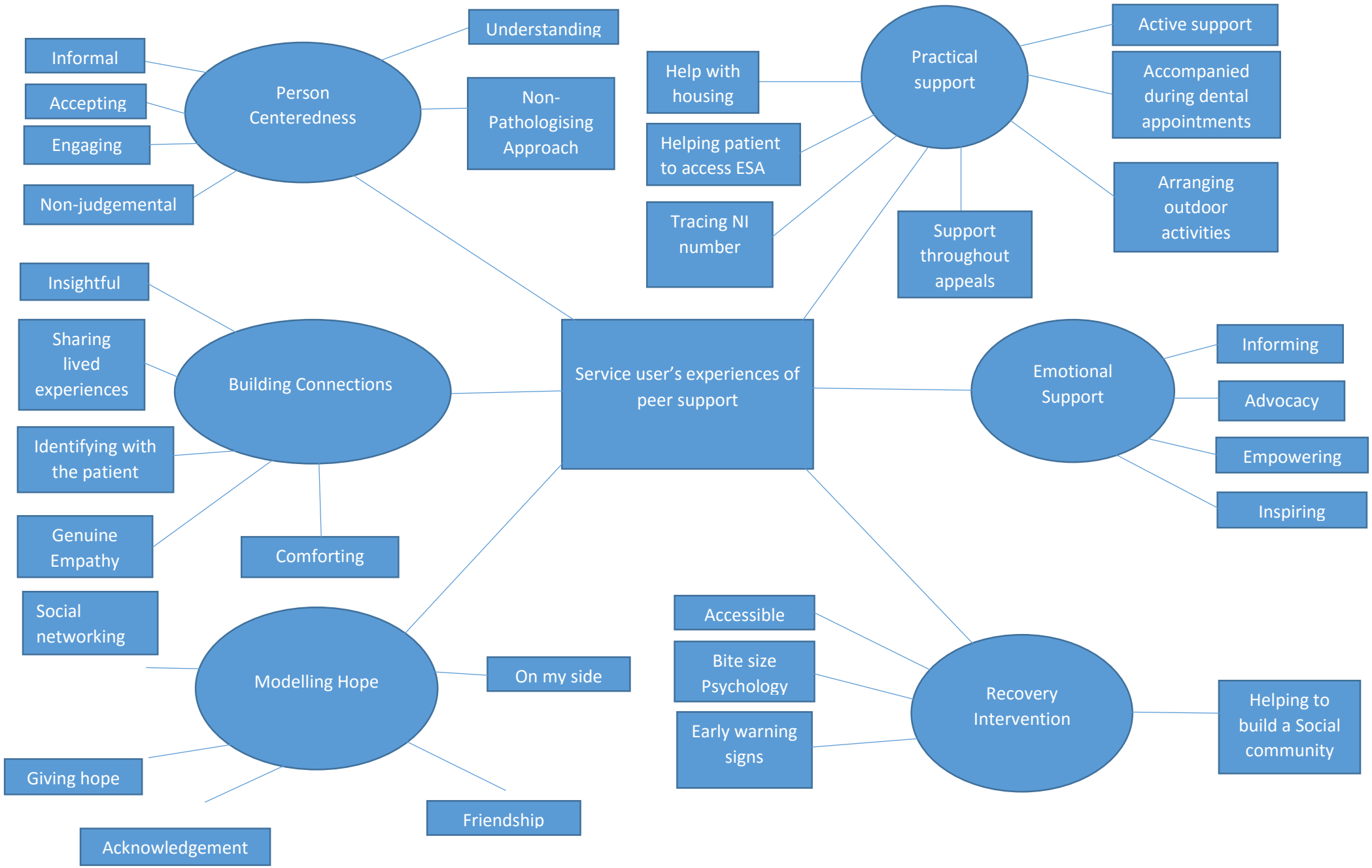
Service user's experiences of peer support
Person Centeredness
Informal
Accepting
Engaging
Non-judgemental
Understanding
Non-Pathologising Approach
Practical support
Help with housing
Helping patient to access ESA
Tracing NI number
Support throughout appeals
Active support
Accompanied during dental appointments
Arranging outdoor activities
Building Connections
Insightful
Sharing lived experiences
Identifying with the patient
Genuine Empathy
Comforting
Social networking
Emotional Support
Informing
Advocacy
Empowering
Inspiring
Modelling Hope
On my side
Giving hope
Acknowledgement
Friendship
Recovery Intervention
Accessible
Bite size Psychology
Early warning signs
Helping to build a Social community